

Better Cost Containment

	Cost Reimbursement (provider paid for fixed costs)	Fee-for-Service (provider paid for units of service)	Capitation/Case Rate (provider paid for the episode and measured on outcome)
Carved-Out (BH benefit/care separate from medical benefit/care)			
Carved-In (BH benefit/care included in medical benefit/care)			
Integrated (BH benefit and medical benefit in one plan and care is integrated)			

Better Holistic Care

Where We Are

Where We Need To Be

Move Toward Integrated Payment and Care Systems

Checklist for Change

- ✓ Payers and Providers must utilize good EHRs in order to capture services and costs
- ✓ Payers must have an incentive to have a good provider networks and not just focus on profit
- ✓ Providers must have an incentive to provide “outcome-based” care to get the desired outcome for patients/payers and not just focus on payments
- ✓ Both Payers and Providers need models and then the time to develop integrated systems and be ready to constantly re-evaluate the model and “fix” as you go
- ✓ Payers and Providers must be honest and engaged partners
- ✓ Finally, Patients must be empowered to change the Payer or Provider if necessary – this is the ultimate market force